

*A Woman's Guide To*  
**“Having It All Now!”**

*An inspirational journey to  
becoming a Superwoman!*

Book Launch by

**Ritu Sethi**



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# Women Empowered

All experience is an arch to build upon.

Henry Brook Adams

The eternal puzzle on "how to have it all" is rarely away from our minds for long; juggling work, family and the frequently forgotten "ourselves" is ironically one many of us just don't have time to put together!

WE thought it would be interesting, informative and inspirational to hear how one woman, a wife, mother, partner in her own solicitors practice, social being and her own woman achieves her balance and what her balance is.

Many of us would say that having it all depends on what your "all" means. Ritu's wheel of life helps us to identify the different areas and each chapter expands upon each concept and provides long forgotten realisations and practical advice.

Through her personal real life experiences, one can find affinity and applicability to the concepts she extols and through her words and vision maybe we too can learn to find what having it all really means to us and how to achieve it for ourselves. Of course there isn't a cookie cutter solution for us all but learning from the experiences of others opens doors and a new level of possibilities and ideas for us to build upon.

Ritu has found her All NOW and we hope through this book launch and event, you too can find the answers to your "all" and start your journey "NOW".



**Reena Ranger**

Chairwoman & Founder of WE



**Mona Remtulla**

Co-Founder of WE

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# *A Woman's Guide To* **“Having It All Now!”**

*An inspirational journey to  
becoming a Superwoman!*

Having It All Now is the new inspirational self-help title by multi-award winning lawyer, entrepreneur and public speaker Ritu Sethi. Voted **Asian Business Woman of the Year in 2000**, **Businesswoman of the year 2008** at the **Asian Woman of Excellence Awards** and **Winner of Female Entrepreneur Award 2012**, Ritu Sethi has established herself as an independent force within the business world. She is also a devoted wife and mother who was able to build her own business and become hugely successful. And now she shares her secret and reveals on how you can do the same.

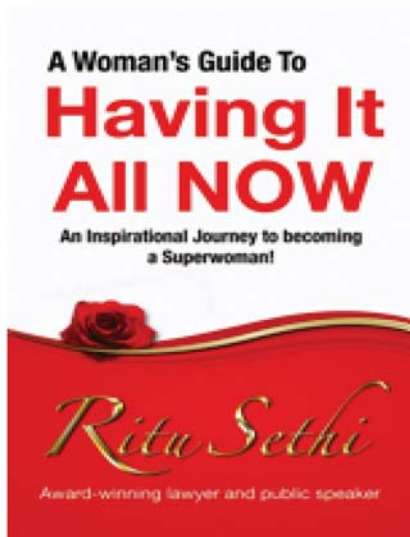


## **How is this book different to other self-help titles on the shelves?**

Ritu has had an exceptional career and is a proven innovator (she is a solicitor and senior partner at The Sethi Partnership and Solicitors), and has served as an inspiration for women nationwide through her various public speaking engagements. Ritu has been nominated for and won many business awards. Ritu's book has been nominated for being awarded “The most Motivational Book of 2013”.

Drawing from her own experiences and detailing her easy-to-follow system of self-improvement, which she has practised, **Having It All Now** is an accessible and coherent formula that demonstrates how women of all ages and cultures can get the most out of life and better their situations.

**Having It All Now** is the perfect present to promote a positive change, covering relationships, finances, health, spirituality, self-development, and creative expression, raising children and having a good time with friends all in one book.



## Ritu Sethi, Solicitor and Proprietor of The Sethi Partnership Solicitors established in 1994:

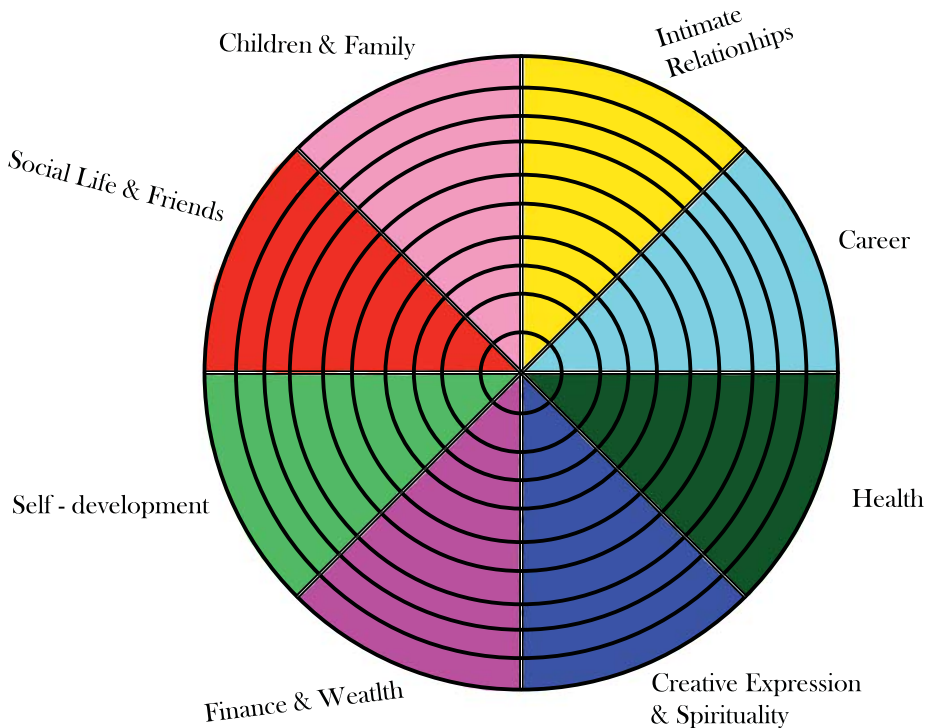
- Awarded the Asian Business Woman of the Year Award in November 2000
- Nominated for Women in Business Award for Asian Achievers Award in 2003
- Nominated for Legal Personality by the Asian Lawyers in 2005
- Nominated for Professional of the year at the Asian Achiever Awards 2007
- Nominated for the Professional Excellence Jewel Awards 2007
- Won Award of Achievement in Judiciary / Law 2007
- Won Business Services at the First Women Awards 2008
- Won Business Woman of the year Award 2008 by the Asian Women of Excellence Awards 2008
- Won Female Entrepreneur of the Year by I.B.B.F. 2012
- Trained Fitness instructor and Beauty Therapist
- Public Speaker
- Presenter of TV programme Chai with Ritu
- An inspiration to all budding entrepreneurs!

For more information about the author, please visit:

[www.ritusethi.com](http://www.ritusethi.com) and [www.sethi.co.uk](http://www.sethi.co.uk)



# Wheel of Life



"I decided to write *A Woman's Guide To Having It All NOW* as a guide to finding your priorities and to give you help in achieving the work / life balance you desire. In this book, I offer my own hard-earned experiences as an example of how does someone 'have it all' by way of a happy home life, optimum health, abundance of wealth, fully expressing their creativity, being at peace with their spirituality, fulfilling career and have time for a full social life. It is nothing to do with segmenting your life so you get more time to squeeze in a bit more self-sacrifice. It is about taking a long, hard look at all the core aspects of your life, defining your priorities and then taking specific steps to achieve all your most important goals.

Having it All won't just happen. It takes planning, preparation and hard work and this book will lead you through the process step by step.

I have based the format of *Having It All* on the Wheel of Life, which is a device used by life coaches to test the balance of people's lives. It is a simple way to get an overview of your life and determine whether you are focusing too much on one part of your life and, by doing so, neglecting others." - Ritu Sethi

# Special Thanks

We would like to thank ICICI Bank and Indiabulls for sponsoring the Book Launch of "Having It All NOW!".



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**Proprietor and Partner Ritu Sethi -  
Author of "Having it all NOW" book on work life balance.**

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