



DARE TO DREAM

ENGAGE, ENCOURAGE, EMPOWER & ENABLE

www.womenempowered.co.uk

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2016
2ND MARCH
A VOLUNTEER
RUN SOCIAL
INITIATIVE

What WE Are About



Reena Ranger
Chairwoman & Co-Founder of WE

WE, as we like to call ourselves and feel we are, is a wholly social initiative run by volunteers. Our aim is to empower women (and men) to make the best of their indi-

vidual skills and talents to help them achieve whatever personal and professional goals they have. WE is open to all. We work at a grass roots level to try to ensure we are accessible to anyone who would like to reach us.

WE encourage mothers to bring daughters and everyone to bring their sisters and friends. We also encourage men! After all men make up 50% of our population and they need to be part of the discussion so that we can effect change, to our own world and the larger one.

Our exciting network is growing and we hope to ENGAGE more women (and men) in discussion, to ENCOURAGE fresh and varied thinking, to EMPOWER confidence to take your next step and ENA-

BLE access to organisations and mentors to support you through your journey.



“Our exciting Network is Growing”

Our Great Team



From Left to Right : Sunita, Pritti, Reena, Kajal and Dee

WOMAN EMPOWERED

Engage, Encourage, Empower, Enable
Networking events held three times a year. Hear from speakers who have excelled or are leading their field. An opportunity to be inspired, motivated and meet like-minded or new people.

contact us
info@womenempowered.co.uk

WE FOCUS

Engage, embrace and enhance the debate
A discussion group where you can articulate the bigger issues and share your views and concerns. Join us and enhance the debate!

Contact us
focus@womenempowered.co.uk

GRIT

Less lifestyle, more life!
Our monthly blog where the WE community share their life experience and stories. A place to read about the gritty things in life that aren't often talked about but probably should be.

Contact us
grit@womenempowered.co.uk

YOU, ME & WE

Together we can make a change
Our charitable arm - contact us to pledge your time and find out how you can get involved.

contact us
we@womenempowered.co.uk

Dare to Dream - Speakers

RANVIR SINGH is the multi-award-winning presenter of Good Morning Britain and ITV News. Ranvir also fronts her own prime time ITV1 current affairs series, Real Stories With Ranvir Singh. Ranvir was recently awarded Media Personality of the Year at the 2015 Asian Media Awards (November 2015).

In September 2015, she presented ITV1's Breaking into Britain: Tonight where she investigated the migrant crisis and learned whether those refugees who have successfully made their destination are finding life in Britain to be as they had previously imagined it.

Ranvir previously hosted the Daybreak News hour between 6-7am each weekday morning for two years, as well as the national news bulletins between 7-9am across the ITV network.

Ranvir's highlights while at ITV include reporting from Sierra Leone ahead of the G20 Summit; breaking news of the Boston Marathon bombers being pursued and clarifying the developing situ-



ation; breaking news of Oscar Pistorious' shooting Reeva Steenkamp and covering Obama's second term election success.

Before joining the ITV family, Ranvir spent 12 years at the BBC where she was

a producer, reporter and presenter on both regional and national radio and television. She co-presented BBC North West Tonight for nearly five years and in 2010 was awarded "Best On Screen Talent" at the Royal Television Society's North West Awards.

Ranvir was born and brought up in Preston. She went to Lancaster University where she studied Philosophy and English Literature. After finishing her degree, Ranvir returned to Preston to complete a postgraduate qualification in Broadcast Journalism. In 2013 Ranvir was awarded an Honorary Fellowship by the University of Central Lancashire.

Ranvir now lives in London and has a young son. Ranvir is Vice Patron of the charity, Baby Beat and Patron of the National Organisation for Fetal Alcohol Syndrome (NOFAS-UK). She is a keen runner, taking part in half-marathons around the country and is also a qualified acting teacher with LAMDA.

HENNA artist, Pavan is the Guinness World Record Holder for being the fastest in her trade. In just one hour she painted a staggering 511 armbands in February 2012 – where each design had to be different from the other – beating her own previous record of 314 armbands in 2008 when she was just 23 years of age.

Immersing herself into the world of henna and design from the tender age of seven, she went professional five years ago and is now one of the leading henna artists in the UK.

Pavan has worked with celebrities and recognised names like Selfridges, Harrods, Sky tv, and with the BBC on various high-profile projects..

When just 29 years old, Pavan

launched her Henna Bar in Selfridges London and has rapidly expanded to Birmingham, Manchester and Abu Dhabi! Her focus has been to make the cultural art we are so used to having done on special occasions accessible to all cultures in a convenient environment.

A young entrepreneur who is self-taught henna artist, Pavan's, not only keeps up to date with the latest design trends, she



creates them! She has followed her passion and ensured her dream has become a reality.

SACH KUKADIA

Sach Kukadia at just 23 years of age, together with his brother Nish, founded designer fashion site SECRETSALES.com when they spotted the opportunity to recreate the Boxing Day sales rush online every day for eager UK customers. Previously Sach had launched a local radio station in north-west London at the age of 16 and thereafter started a promotional company focusing on student night life whilst at university. Prior to SECRETSALES.com, Sach was a Director at London Express UK Ltd, an import and export business focusing on trading branded goods across Europe.

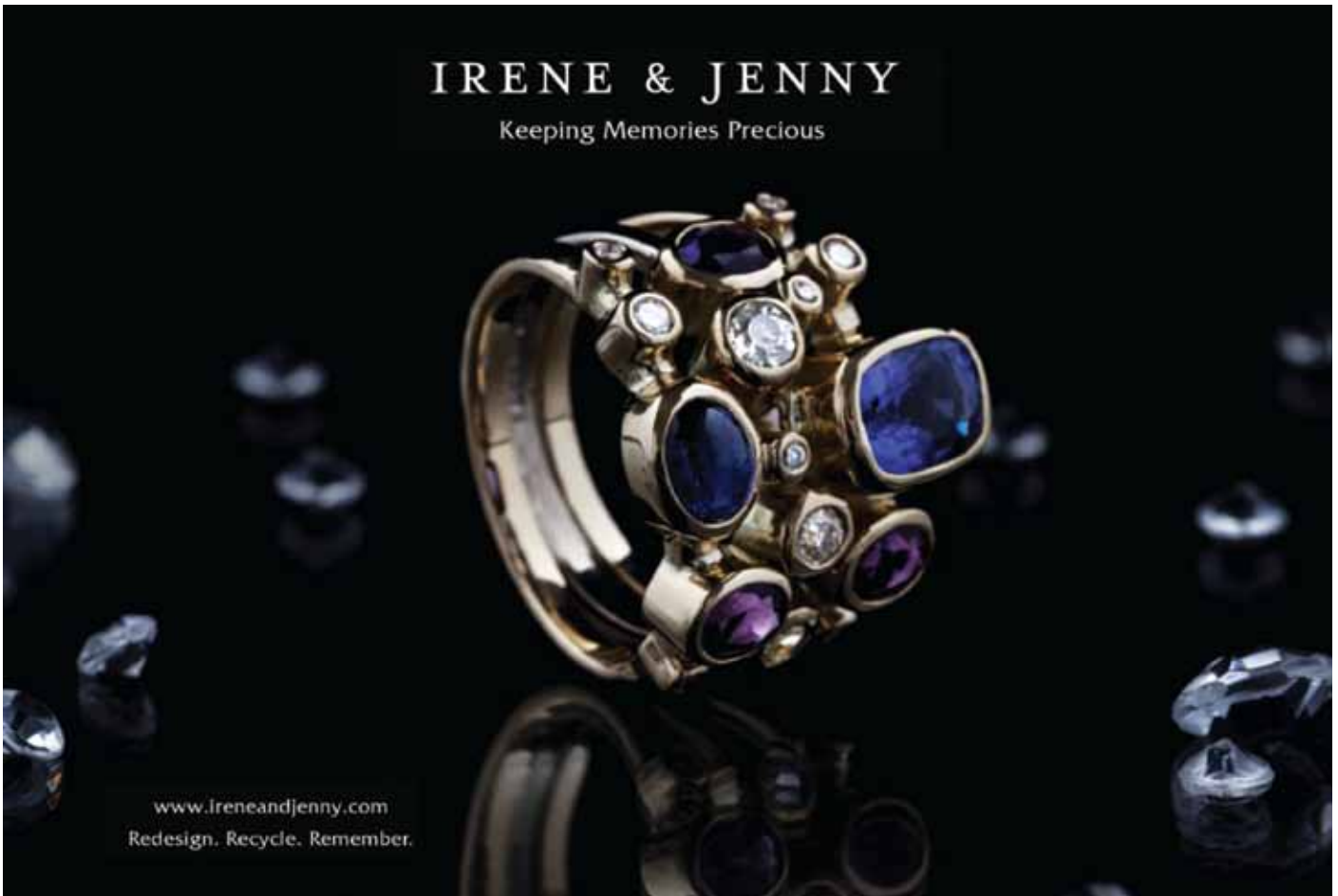
Being raised in the digital age and coming from a family steeped in retail industry, the brothers were well-placed to develop an innovative approach to assist fashion and accessories brands in effectively managing excess inventory, an often unavoidable and troublesome aspect of production cycles.

Since launching the site, Sach has been responsible for the company's buying and merchandising strategy as well as developing the wider company strat-



egy with his brother Nish. He was also responsible for all creative representation and brand positioning. In addition,

Sach negotiated and secured partnerships with over 450 fashion brands and key partners.



WRITE FOR GRIT - Less lifestyle, more life!

GRIT

WE believe words have the power to change lives. You can change someone's point of view, their aspirations or even their beliefs. If you have a passion, an inspirational story or a cause that's close to your heart WE want to hear from you. GRIT is your opportunity to have your say and talk about the gritty things that matter in your life. Words have the power to change lives. And WE can't wait to hear yours.

APRIL - THE BIGGER PICTURE

It is natural to focus on our immediate world. However what are the bigger global issues that impact us on an individual basis? Do you feel strongly about global politics, child poverty or human trafficking? We want to hear about any major global issue that you feel passionate about and how it impacts you.

MAY - IS IT STILL A MAN'S WORLD?

Women today are excelling across multiple fields. Do you feel your gender has hindered or helped your career? Do you believe women now have as many opportunities as men or that women still take on the burden of childcare and struggle to 'have it all'? Do you feel less like a woman and more like a man in today's world? Please send us your views.

JUNE - WE SHOULD TALK MORE ABOUT ...

This month we want to hear about any issue that you feel we do not discuss enough but should discuss more. This is your opportunity to have your say and raise awareness of any subject big or small.

JULY - INSPIRING ROLE MODELS - THE REAL HEROES

In a world filled with superficial celebrity culture, who are the real heroes or heroines that you look up to? What traits do they possess and what have they achieved that makes them stand out? Whether your role model is someone you know personally or in the public eye please share why they inspire you.



SUNITA BEHL Editor GRIT

AUGUST - MAKING TIME FOR ME

Many of us think of August to enjoy the summer and look forward to the holidays. Tell us your views on how you feel about the importance of 'me-time'? Do you think it is important to take timeout for yourself every day? Or is the thought of 'me-time' selfish or unrealistic?

SEPTEMBER - HEALTH AND BODY TALK

Do you think there is a link between body image and self-esteem? Do you feel there is too much pressure on women to stay young or be thin? What do you think of photo-shopped female images used throughout the media? If you have a view on any body image or health-related issue from cosmetic surgery and the size zero debate to the impact of fad dieting or social media we want to hear from you.

OCTOBER - IS A WOMAN'S ROLE CHANGING?

Do you think a woman's role has changed? How different is your life to previous generations? Do you think you have more opportunities than ever before or that there is more pressure to succeed? Is it really possible for a woman to manage ambitions alongside a happy family life? How has a woman

role changed in society and the wider world? Please share your views.

NOVEMBER - BACK TO BUSINESS

Have you started your own business? Do you have views on the benefits of working for yourself or would you recommend that you should stick to the security of a corporate career? Does the thought of being your own boss feel you with excitement or fear? Please share your experience, advice and business tips for others who may be thinking of taking the big step.

DECEMBER - LOOKING FORWARD TO 2017

What are your big hopes and plans for 2017? What will you change or how will you make a difference? Please share your proud moments, memories and achievements of the past year and your hopes for the New Year.

Register for our FREE GRIT monthly newsletter please visit <http://www.womenempowered.co.uk/grit.html>

Each article needs to be submitted to grit@womenempowered.co.uk on the 20th of the preceding month (eg an article for June should be submitted by 20th May). The newsletter will go out on the 5th of each month to our subscribers and will be uploaded on our website and our social media will direct to it.

All submissions should be between 400-700 words. They can be written in the first person where appropriate. They will be edited for content to ensure suitability. Please ensure they are verified with source if it contains factual content. If the topic is personal then please ensure that you have been mindful of others where appropriate and ensure your account is as accurate as possible. Articles submitted will be chosen at the discretion of the editor. Please also be sure to include a photo and your name as you would like to be credited (title / position etc if applicable)

Some of Our Champion say



RAJESH AGRAWAL

Chairman, Founder and CEO RationalFX
"Congratulations to you on this much needed initiative and I am glad to be a part of it. It is hard to imagine that only a century ago women had very little political rights. We have come a long way since, but much more needs to be done worldwide. I wish the very best to WE and hope that it will prove to be a milestone in the history of women empowerment."



RUKHSANA ALI

Director Venus TV Global Ltd

"It is a great honor to be considered as a Women Empowered 'Champion.' WE is a worthy organization that has had my full support from the beginning. A cause that inspires females to reach their true potential and overcome whatever hurdles they may encounter. I hope all

involved in WE can use it as a platform to progress towards sexual equality, abolishment of prejudice and a path to success."



NINA AMIN

"I am honoured to be asked to be a champion for Women Empowered and everything that they are seeking to achieve. Women play a vital role in the economy and in the workplace while often having to balance the needs of their families. It is therefore essential that women have the support, encouragement and networking opportunities to meet with like minded people who can help them on their journey to great things. Our achievements over the last decade have been immense and yet there is still so much to achieve so I am delighted to champion this worthy cause!"



SUNNY & SHAY GREWAL

Broadcasters and Presenters at BBC WM and BBC London

"I have never looked at Shay as anything other than my Equal. As her hus-

band I encourage her to achieve all that she wants as an Independent woman as through that our relationship grows and we remain one. Women are integral to my life and I believe that a woman can achieve anything she sets her mind to – I see it daily with Shay. In fact she is my inspiration to strive to work harder to achieve our goals. It is imperative for us as a society to appreciate the value of a Woman not just as a mother or a friend but someone who is Independent and can Achieve whatever she wants. This can only happen through Empowering and Educating Women. Shay and I are therefore delighted to champion a cause which endeavours tirelessly to do just that!"



CLLR LURLINE CHAMPAGNIE OBE

Chairman, Harrow West Conservative Association Councillor Pinner Ward, London Borough of Harrow Harrow Mayor (2004/5)

"I am excited to be involved as a "Champion" of WE. As a patriotic and common sense politician I have been vocal in my opposition to political correctness as a divisive force and advocated a new inclusive approach "The Cosmopolitan Community" during my nomination for the Mayor of London Candidacy 2008. I was appointed to the Government Equalities Department as a BAME taskforce member and awarded the OBE for services to Local Government and Diversity January 2010. I have served as Councillor of London Borough of Harrow since 1986 and received my 25 years long service recognition in May last year. I was Mayor of Harrow 2004/5 and runner up in the Mayor of the year of Great Britain award. I am a Conservative member of both National and European Groups which

Work to increase the representation of women particularly ethnic minority woman in politics. A prominent Parliamentarian wrote "Lurline track record is one of professional and political service and success through hard work."



CLLR. MRS MIMI HARKER OBE

Mayor of Amersham, Amersham Town Council Cabinet Member Responsible for Community, Young People, Communications, Sports & Leisure, Chiltern District Council Parliamentary Candidate 2005

"When I first got involved in politics, it was a happy accident. I didn't realise that all you needed was a passion for your community and a deep desire to make a difference. Until I was first elected in 1999, I believed it was a job for 'other' people with specialist qualifications in this field. The opportunities that I have been presented with over the years and which I have taken, have helped me to achieve things I never imagined I could or would. Working as part of the BAME Cross-Party Task Force was one of the most satisfying roles I have ever taken on, as it gave me the opportunity to share my experiences and to encourage more women from ethnic minority backgrounds to get involved in public life. Helping and supporting women to succeed and achieve their full potential is very close to my personal aims and Women Empowered is a positive step to enable women to achieve their ambitions and goals with confidence and I am delighted to share my experiences



DR KAMEL K HOTH

Business & Community Director Lloyds Bank - Group Corporate Affairs

"Congratulations to you on this much needed initiative and I am glad to be a part of it. It is hard to imagine that only a century ago women had very little political rights. We have come a long way in since, but much more need to be done worldwide. I wish the very best to WE and hope that it will prove to be a milestone in the history of women empowerment."



TASMIN LUCIA-KHAN

News Anchor and TV Host

"Educate a woman, and you change a family, a society. Educate women and you educate an entire nation. I am honoured to be a Women Empowered champion because women really are extraordinary."



KANYA KING MBE Entrepreneur, Public Speaker and CEO/Founder of MOBO Organisation

"So pleased to be supporting an organisation that encourages and promotes female empowerment. What I love about WE is that it recognises the diversity in women. Our needs are not all the same. We don't all want to start up our own businesses, or to acquire fame and fortune, but who doesn't want to reach their full potential? For WE to be providing a supportive platform in which to explore, discover, network, gain confidence, be inspired and flourish is invaluable.



SEEMA MALHOTRA MP

Member of Parliament for Feltham and Heston

"My congratulations to all involved on the launch of Women Empowered. WE has the potential to change the lives of so many women for the better – giving them the courage, confidence and networks to achieve their ambitions

we Focus

Engage, embrace and enhance the debate



KULVEER SINGH RANGER FRSA

Chairman - WE Focus

As proud WE Champion I am delighted to have been asked to chair WE Focus. Discussion is good but sometimes we avoid the elephants in the room for fear of seeming ignorant, insensitive or just not politically correct. WEfocus aims to provide a forum to air our thoughts on some key questions that we may think we understand but really want to discuss in more depth and find out what WE really think! So I hope many of you will engage, embrace and enhance the debate by getting involved and I look forward to hearing your thoughts..

WE Focus is a discussion group. It's a place to share your thoughts views and opinions and learn others' perspectives. It aims to engage and encourage people into discussion and debate and break down barriers and question perceptions.

Contact us
focus@womenempowered.co.uk

you, me & we



You, Me & WE holds many projects throughout the year where we ask you to donate your time.

We collaborate with SWAT in a food distribution to the homeless on the last Thursday of each month. To join us please email Pritti at swat@womenempowered.co.uk

Every few months we visit the Seva Care home to spend some time with the residents and bring a little joy. To join us please contact Dee at sewa@womenempowered.co.uk

If you have suggestions for future projects, please contact Kajal at we@womenempowered.co.uk

From left to right: Kajal, Dee, Reena & Pritti.



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&
PAPILLON BY PRIYA

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ENSEMBLE
COUTURE

INVITE YOU TO
AN EXCLUSIVE PREVIEW
OF OUR DEBUT COLLECTION

Marriott Hotel Heathrow
Ditton Road, Langley
Slough, SL3 8PT

Saturday 3rd October 2015
11 am - 5 pm

RSVP TO
info@ensemblecouture.co.uk

MAKEUP ARTIST & HAIR STYLIST
RANI SAMRA

ANANYA
Fine Jewelry by Bina Patel



Past Speakers



Rt Hon Baroness Verma
Government Spokesperson for Higher Education (BIS) Women and Equalities and Whip

for the Cabinet Office. Launch Event - May 2012



Tasmin Lucia-Khan
News Anchor and TV Host
Launch Event - May 2012



Geeta Sidhu-Robb
CEO & Founder of Nosh Detox
Delivery Launch Event - May 2012



Kiran Sharma
Managing Director of KIKIT Ltd and Manager to singer Prince
Entrepreneurship Event September 2012



Rupinder Virdee
Director of Revolution Creative Agency
Entrepreneurship Event September 2012



Sally Overhead
Founder of MOJO-MUMS
Entrepreneurship Event September 2012



Sadia Siddiqui
CEO / Creative Head
Make an Impression Event - May 2013



Nina Wadia
British Actress
Make an Impression Event - May 2013



Nihal Arthanayake
DJ, Radio & TV Presenter
Make an Impression Event - May 2013



Alpesh Patel
Co-author, 'Our Turn: The ultimate start-up guide for female entrepreneurs'
Former Visiting Fellow in Business, Corpus Christi College, Oxford. Founder Praefinium Partners
Entrepreneurship Event September 2012



Priti Patel
MP Member of Parliament for Witham
Is it a Man's World Event - January 2013



Cllr Lurline Champagne
OBE Chairman, Harrow West Cone Ass, Fmr Cllr Pinner Ward, Harrow Mayor (2004/5)
Is it a Man's World Event - January 2013



Cllr. Mrs Mimi Harker
OBE Mayor of Amersham, Amersham Town Council, Cabinet Member Responsible for Community, Young People, Communications, Sports & Leisure, Chiltern District Council, Parliamentary Candidate 2005
Is it a Man's World Event - January 2013



Kulveer Singh Ranger
Global City Adviser, Former Adviser to Mayor of London, Former Vice-Chairman of The Conservative Party (Cities)
Is it a Man's World Event - January 2013



Ritu Sethi LL.B (Hons)
Solicitors Book Launch Event - March 2013



Farzana Baduel
founder and managing director, Curzon PR
How To Have Your Voice Heard 5th June 2014



Rupa Ganatra
co-founder of Men's e-commerce site Yes-Sir.com
How To Have Your Voice Heard 5th June 2014



Sunny Hundal
British journalist, blogger and an academic
How To Have Your Voice Heard 5th June 2014



Shavata Singh
Founder of Shavata Brow Studios
Entrepreneurship Event - October 2013



Shashi Gossain
Founder & Managing of Pharmaclinix Ltd
Entrepreneurship Event - October 2013



Hiro Harjani
Chairman of Aftershock
Entrepreneurship Event - October 2013



Gurinder Chadha
OBE Film Director
Think Big - February 2014

Past Speakers



Ahlya Rafique Fateh
Editor Think Big - February 2014



Neev Spencer
Neev Spencer is officially the most listened to British female DJ in the UK.



Kavita Oberoi OBE
Founder of Oberoi Consulting Creating and Seizing Opportunities! 9th October 2014



Rishi Rich
Song Writer / Music Producer / Artist Management
Think Big - February 2014



Valerie Vaz MP
Elected as the Member of Parliament for Walsall South
Creating and Seizing Opportunities! 9th October 2014



Dinesh Dhamija
Founder Ebooks.com
Creating and Seizing Opportunities! 9th October 2014



Vivek Oberoi
Bollywood Actor Philanthropy Me and We - July 2014



Baroess Sayeeda Warsi
British Pakistani Lawyer, Politician and Conservative Parliamentarian
The World in Which WE Live January 2015



Yalda Hakim
Presenter, Impact - BBC World News and Journalist
The World in Which WE Live January 2015



Creations by NM is a bespoke service offering custom made party favours, decorative sweet trays for all occasions, creative gift ideas and much much more.

Please ring Neelu on 07956 890 128 for more information.



