



# MAKING A DIFFERENCE

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Embrace: Multicultural Network

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2018  
21st Feb  
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# PAVAN

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## THE HENNA BAR



### FOR AT HOME APPLICATION:

Part Time Ink, a guide to creating beautiful henna art at home with simple tools such as eyeliner or body paint

Flash Tattoos for the body, nails or hair hand designed by Pavan

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# EVENT SPEAKERS

## Preet Kaur Gill

Member of Parliament for Birmingham Edgbaston

**P**reet is the first Sikh female MP in the U.K., and chairs both the APPG for British Sikhs and APPG for Mentoring. Preet also sits on the Home Affairs Select Committee. Preet have been a Labour Councillor in Sandwell for 5 years and is the first Sikh female to serve on the cabinet. Preet was the Lead member for Public Health and Protection, as well as the only female substitute on the West Midlands Combined Authority. Preet also represented Sandwell on the West-Midlands Police and Crime Panel. Preet's professional day job was a Team Manager for Children's Services and a non-executive Director for Spring Housing Association. Through her extensive community and charity work she served as a board member for the Sikh Network (responsible for the Sikh Manifesto setting out political priorities for the Sikh Community). Preet regularly speak at public events and appear on the mainstream media including the BBC & ITV. She is a local campaigner for the Labour Party and a passionate activist for human rights and social injustice, hence, train-



ing as a social worker. Preet was recently featured in the Top 10 inspirational Sikh women in the UK for recognition of her

work to engage more women and those from BAME backgrounds into politics.



## Ahlya Rafique Fateh Editor

**A**hlya began her career at PWC as a graduate trainee accountant. In 1996, Ahlya joined Condé Nast International as Assistant Business Manager and was involved in strategic analysis and researching new market opportunities. In 1998 with the launch of Russian Vogue she was seconded to Russia as Editorial Business Director before returning to Tatler in the UK as Managing Editor in 2001. Ahlya was runner-up in the Asian Women of Achievement Awards (Media Professional 2009) and was appointed to the English Cricket Board as Head of Women's Cricket Committee in May 2009. She left Tatler in 2010 to become Managing Director of the fashion label Tata Naka before moving to her current role, in 2014 as Managing Director of Amanda Wakeley.

## Cllr Mimi Harker OBE

First elected to Chiltern District Council in 1999, Mimi is best known for her campaigning to make life better and improve her local area, saving the greenbelt, preserving catchment areas and saving post offices. Mimi served as a cabinet member from 2004-2013 holding the portfolio for Community, Young People, Sports and Leisure, Communications and Customer Services.

In 2011, Mimi also stood for election to Amersham Town Council and having been elected to both the town and district councils, continued as a cabinet member on CDC and also became the Mayor of Amersham, a post she held until 2013. Mimi is currently the last Mayor to have served for two consecutive years.

In 2015, Mimi became the Chairman of Chiltern District Council. She is currently the Armed Forces Champion for the district and serves on the Armed Forces Covenant Board for Buckinghamshire. In all her elected roles, Mimi is the first Asian councillor to be elected to both the



district and town councils, the first Asian cabinet member, mayor and chairman.

In 2011 Mimi was awarded the OBE for her services to her local community and to women, especially women from BAME backgrounds and was a contributor to the Equalities Act 2010 and work law changes in equality through the cross party BAME Task Force. Major national campaigns include the creation of the 12A cinema classification, enabling children under the age of 12 to see a 12 rated film with an accompanying adult, the Save Our Post Office campaign, halted the post office closures across the country and the BAME cross party women's task for encouraged women from all backgrounds to get involved in public life.

Mimi writes for a local magazine and hosts her own chat show on Wycombe Sound 96.6FM, which airs every Sunday at 12 noon. She is married to Robin, celebrating their 30th Wedding Anniversary this year, and they have two children aged 24 and 22. The Harker family have lived in Amersham since 1988.

## Nazir Afzal OBE

Nazir Afzal OBE, was Chief Crown Prosecutor for NW England and formerly Director in London. Most recently, he was Chief Executive of the country's Police & Crime Commissioners. During a 24 year career, has prosecuted some of the most high profile cases in the country and advised on many other and led nationally on several legal topics including Violence against Women & Girls, child sexual abuse, and honour based violence. He had responsibility for more than 100,000 other prosecutions each year. His prosecutions of the so called Rochdale grooming gang, BBC presenter Stuart Hall and hundreds of others were groundbreaking and drove the work that has changed the landscape of child protection. He was appointed to the Independent Press Standards Organisation (IPSO). He is also National Adviser on Gender Based Violence to the Welsh Government. Most recently he joined the advisory board of Google's Innovation Fund for counter-extremism.

Nazir is a tutor for several leadership programmes in the public and private sector. He has made presentations to



dozens of diverse organisations in this country and abroad. He is on the European Union and Council of Europe list of expert speakers. He has given hundreds of interviews in all forms of media. Nazir gives a considerable amount of time to charitable work and is trustee & Patron of several NGOs including Jan Trust, Karma Nirvana, EngageMe, Halo Project & Savera and former Chair of the Prince of Wales' Mosaic Trust. He is Pro Chancellor of Brunel University. He is an Honorary Fellow of the University of Central Lancashire, and awarded an Honorary Doctorate in Law by the University of Birmingham and this year

an Honorary Doctorate by Manchester University. He assists the UN on rule of law, for example, he has chaired conferences in New York, Madrid, Norway and Geneva on various justice topics.

He has received many accolades, holds many board and advisory positions and has been awarded an Honorary Doctorate in Law by the University of Birmingham and Honorary Doctorate by Manchester University.



# WRITE FOR GRIT - Less lifestyle, more life!

## GRIT

**W**E believe words have the power to change lives. You can change someone's point of view, their aspirations or even their beliefs. If you have a passion, an inspirational story or a cause that's close to your heart WE want to hear from you. GRIT is your opportunity to have your say and talk about the gritty things that matter in your life. Words have the power to change lives and WE can't wait to hear yours.

### MARCH GRIT - Life lessons I have learned

They say every life experience, good or bad, teaches us something. So, what have been your biggest 'life lessons'? Would you approach or do anything differently in your personal or professional life knowing what you do now? Share your 'life lessons' on any topic from relationships to health, career



SUNITA BEHL Editor GRIT

choices or starting a new business.

**APRIL GRIT - What should we tell our children?** What are the biggest challenges facing parents today? Has parenting changed from when you were growing

up? Do you believe there are different 'rules' for raising girls and boys? Share your views on parenting and what you think is the most important advice to pass on to our sons and daughters.

### MAY - WE event

Don't miss this month's WE speaker event. More details to follow.

### JUNE GRIT - Health Awareness

Can you help raise awareness of any medical condition? Has your life been touched by a major illness such as cancer, diabetes, heart disease or mental health? Please share your story, or health-related advice, so others can benefit from your experience.

Contact us  
[grit@womenempowered.co.uk](mailto:grit@womenempowered.co.uk)



# you, me & we

You, Me & WE hold many projects throughout the year where we ask you to donate your time.

We collaborate with SWAT in a food distribution to the homeless on the last Thursday of each month. To join us please email Pritti at [swat@womenempowered.co.uk](mailto:swat@womenempowered.co.uk)

Every few months we visit the Seva Care home to spend some time with the residents and bring a little joy. To join us please contact Dee at [sewa@womenempowered.co.uk](mailto:sewa@womenempowered.co.uk) or Dhrupti at [dhrupti@womenempowered.co.uk](mailto:dhrupti@womenempowered.co.uk)

If you have suggestions for future projects, please contact Kajal at [we@womenempowered.co.uk](mailto:we@womenempowered.co.uk)



From left to right: Kajal, Dee, Reena & Pritti.





Savanna Couture is an exciting, current and innovative British brand specialising in Semi-precious Indian and Indo-western Jewellery and Accessories whilst taking inspiration from the most iconic Bollywood fashionistas.

## SAVANNA COUTURE

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# What WE Are About



Reena Ranger  
Chairwoman & Co-Founder of WE

**W**E, as we like to call ourselves and feel we are, is a wholly social initiative run by volunteers. Our aim is to empower women

(and men) to make the best of their individual skills and talents to help them achieve whatever personal and professional goals they have. WE is open to all. We work at a grass roots level to try to ensure we are accessible to anyone who would like to reach us.

WE encourage mothers to bring daughters and everyone to bring their sisters and friends. We also encourage men! After all men make up 50% of our population and they need to be part of the discussion so that we can effect change, to our own world and the larger one.

Our exciting network is growing and we hope to ENGAGE more women (and men) in discussion, to ENCOURAGE

fresh and varied thinking, to EMPOWER confidence to take your next step and

ENABLE access to organisations and mentors to support you through your journey.

*“Our exciting Network is Growing”*

## Our Great Team



### WOMAN EMPOWERED

Engage, Encourage, Empower, Enable Networking events held three times a year. Hear from speakers who have excelled or are leading their field. An opportunity to be inspired, motivated and meet like-minded or new people.

contact us  
[info@womenempowered.co.uk](mailto:info@womenempowered.co.uk)

### WE FOCUS

Engage, embrace and enhance the debate

A discussion group where you can articulate the bigger issues and share your views and concerns. Join us and enhance the debate!

Contact us  
[focus@womenempowered.co.uk](mailto:focus@womenempowered.co.uk)

### GRIT

Less lifestyle, more life!

Our monthly blog where the WE community share their life experience and stories. A place to read about the gritty things in life that aren't often talked about but probably should be.

Contact us  
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### YOU, ME & WE

Together we can make a change

Our charitable arm - contact us to pledge your time and find out how you can get involved.

contact us  
[we@womenempowered.co.uk](mailto:we@womenempowered.co.uk)

From Left to Right : Dee, Dhrupti, Reena, Priti, Sunita and Kajal